



Boulder Community Hospital
Pre-Pacemaker, DC Cardioversion,
Transesophageal Echocardiogram (TEE) Instructions, Tilt Table Test

-Your procedure is scheduled for _____ at _____.

-Please arrive at the hospital at _____.

-Enter the hospital at the main entrance next to the emergency room, and proceed to the **patient admissions** desk in the lobby area. They will direct you from there. They may call you several days before your procedure to complete pre-registration paperwork over the phone

-Do not eat or drink anything after _____. You may take your required medications with sips of water. Do not take the following medicines the morning of your procedure: _____.

For all procedures: You will be advised not to drive following your procedure, due to sedative medications given during the procedure. Bring a driver or arrange for transportation home in advance.

For pacemaker insertion only: You can expect to stay in the hospital for between 4 and 24 hours following your pacemaker. You will have limited use of the arm on the side of the pacemaker following insertion, so plan to avoid strenuous tasks, lifting with the affected arm, or working with the affected arm overhead following the procedure. Nursing staff will advise you further regarding restrictions. If you are having a generator change only, you will not have these restrictions.

For DC Cardioversion only: You will probably stay in the hospital for about an hour following your cardioversion. You may note some redness, burning, or itching at the site where the patches were placed for the cardioversion. Keep these areas clean and dry unless instructed otherwise.

For TEE only: You will probably stay in the hospital for about an hour following your procedure. You will be able to eat and drink as tolerated once your throat is no longer numb. You might have mild throat soreness that will go away over the next few days.

Tilt Table Test: You will need to fast for 6 hours prior. The test takes approximately 1 hour and you will need a ride home.

