



Boulder Community Hospital

Cardiac Catheterization, Peripheral angiogram or Intervention Instructions

- Your procedure is scheduled for _____ at _____.
- Please arrive at the hospital at _____.
- Enter the hospital at the main entrance next to the emergency room, and proceed to the **patient admissions** desk in the lobby area. They will direct you from there. They may call you several days before your procedure to complete pre-registration paperwork over the phone.
- Do not eat or drink anything after _____. You may take your morning medications with sips of water. Do not take the following medicines the morning of your procedure:_____.

- For diagnostic catheterization/angiogram only:** You can expect to stay in the hospital for about 4 hours following the procedure. You will be instructed to take it easy for the rest of the day.
- For catheterization/angiogram with intervention (angioplasty, stent, etc):** You will probably be in the hospital overnight following your procedure for certain blood thinning medications. You will likely go home the next day before lunch.
- For either procedure:** You will be advised not to drive for the remainder of the day following your procedure, due to medications given to you during the catheterization. Bring a driver or arrange for transportation home in advance.

Pre-Procedure Directions

If you are taking any of the following medications, they will need to be held the morning of your procedure.

Diuretics

Lasix	Furosemide
Aldactone	Spironolactone
Dyrenium	Triamtrene
Microzide	Hydrochlorothiazide
Zaroxolyn	Metolazone
Maxzide	

Oral Diabetic Agents

Amaryl	Glimepiride
Glucotrol	Glipizide
Micronase,Diabeta	Glyburide
Glucophage	Metformin
Actros	Pioglitazone
Avandia	Rosiglitazone

- ❖ **Metformin or Glucophage** needs to be stopped 24 hours prior to your procedure and for 48 hours after your procedure. So, if you take an evening dose of this medication you will not take it the night before your procedure and you will not take it again until 2 full days after your procedure. Failure to stop this medication can result in life threatening complications or even death.
- ❖ **Coumadin or Warfarin must be held for 3 days prior to your pacemaker placement. If this has not been discussed please ask your Cardiologist. Please continue your Coumadin prior to your DC cardioversion and TEE.**

If you have questions about your medications please call our office prior to your procedure at 303-544-1200.